

# Kursplan ab dem 7.10.25

Move & Style Dance Academy, Vahrenwalder Straße 195 a, 30165 Hannover

| Montag      |                        |                |        |
|-------------|------------------------|----------------|--------|
| Uhrzeit     | Kurs                   | Trainer/in     | Saal   |
| 17:00-18:00 | Jazz Funk              | Alina          | Saal 2 |
| 17:00-18:00 | House                  | Henry          | Saal 1 |
| 17:00-18:00 | Feminine Style Level 1 | Alena          | Saal 4 |
| 18:00-19:00 | K-POP Open Level       | Lea & Antonia  | Saal 1 |
| 18:00-19:00 | Contemporary           | Anto           | Saal 2 |
| 18:00-19:00 | Yoga                   | Simone         | Saal 4 |
| 19:00-20:00 | Twexout®               | Kai            | Saal 2 |
| 19:00-20:00 | Hip Hop                | Mark           | Saal 1 |
| 19:30-20:30 | Salsa Anfänger         | Tobias & Dania | Saal 3 |
| 20:00-21:00 | Dancehall              | Vika & Yoh     | Saal 2 |
| 20:30-21:30 | Salsa Club             | Tobias & Dania | Saal 1 |
| 21:00-22:00 | Dancehall Level 2      | Vika & Yoh     | Saal 2 |

| Dienstag    |                           |            |        |
|-------------|---------------------------|------------|--------|
| Uhrzeit     | Kurs                      | Trainer/in | Saal   |
| 15:45-16:45 | Vermietung                | Extern     | Saal 4 |
| 17:00-18:00 | Vermietung                | Extern     | Saal 1 |
| 17:30-19:00 | Breakdance ab 16          | Elvis      | Saal 3 |
| 17:00-18:00 | Feminine Syle Level 1     | Alena      | Saal 4 |
| 18:00-19:00 | Latin Styles              | J.F.       | Saal 1 |
| 18:00-19:00 | Feminine Style Level 2    | Alena      | Saal 4 |
| 18:00-19:00 | Twexout®                  | Mascha     | Saal 2 |
| 19:00-20:00 | Heels                     | Michelle   | Saal 1 |
| 19:00-20:00 | Hip Hop                   | Cindy      | Saal 2 |
| 19:00-20:00 | Experimental Contemporary | Karina     | Saal 4 |
| 20:00-21:00 | Heels Level 2             | Michelle   | Saal 1 |
| 20:00-21:00 | Vermietung                | Extern     | Saal 2 |

| Mittwoch    |                          |               |        |
|-------------|--------------------------|---------------|--------|
| Uhrzeit     | Kurs                     | Trainer/in    | Saal   |
| 17:30-18:30 | New Style Choreo 9-16 J. | Henry         | Saal 1 |
| 17:30-19:00 | Breakdance Kids 5-15 J.  | Elvis         | Saal 2 |
| 18:30-19:30 | Contemporary             | Sinan         | Saal 1 |
| 18:30-19:30 | Steptanz                 | Andreas       | Saal 3 |
| 19:30-20:30 | Ballett                  | Laura         | Saal 1 |
| 19:30-20:30 | New Style Choreo Level 1 | Henry         | Saal 2 |
| 20:30-21:30 | Modern                   | Giada & Laura | Saal 1 |
| 20:30-21:30 | New Style Choreo Level 2 | Henry         | Saal 2 |

| Donnerstag  |                        |            |        |
|-------------|------------------------|------------|--------|
| Uhrzeit     | Kurs                   | Trainer/in | Saal   |
| 16:15-17:00 | Kindertanz 3-5 J.      | Maria      | Saal 3 |
| 16:00-17:00 | Vermietung             | Extern     | Saal 2 |
| 17:00-19:00 | Vermietung             | Extern     | Saal 3 |
| 17:00-18:00 | Hip Hop                | Phillip    | Saal 2 |
| 17:00-18:00 | Kids Hip Hop 6-9 J.    | Milena     | Saal 1 |
| 18:00-19:00 | Afro Fusion            | Phillip    | Saal 2 |
| 18:00-19:00 | Jugend Hip Hop 9-16 J. | Milena     | Saal 1 |
| 19:00-20:00 | Ballett                | Simone     | Saal 1 |
| 19:00-20:00 | Pilates                | Greta      | Saal 4 |
| 20:00-20:30 | Spitzentanz            | Simone     | Saal 3 |
| 20:00-21:00 | Striplastic            | Alina      | Saal 2 |
| 20:00-21:00 | Modern                 | Laura      | Saal 1 |
| 20:00-22:00 | Dancehall-Program      | Vika & Yoh | Saal 4 |



| Freitag     |                                |            |        |
|-------------|--------------------------------|------------|--------|
| Uhrzeit     | Kurs                           | Trainer/in | Saal   |
| 17:00-18:00 | Latin Solo Erwachsene & Kinder | Irina      | Saal 2 |
| 16:00-17:00 | Ballett Anfänger               | Simone     | Saal 1 |
| 17:45-22:00 | Vermietung                     | Extern     | Saal 2 |
| 18:00-21:00 | Vermietung                     | Extern     | Saal 3 |
| 18:00-19:00 | Salsa & Bachata Solo           | Julia      | Saal 1 |

| Sonntag     |                      |            |        |
|-------------|----------------------|------------|--------|
| Uhrzeit     | Kurs                 | Trainer/in | Saal   |
| 09:00-13:00 | Venemous Masterclass | Sinan      | Saal 1 |
| 12:00-14:00 | K-POP Formation      | Alena      | Saal 4 |
| 12:00-13:00 | Vermietung           | Extern     | Saal 2 |
| 13:00-14:00 | Modern               | Sinan      | Saal 1 |
| 13:00-14:00 | Commercial           | Nata       | Saal 2 |
| 13:00-14:00 | Vermietung           | Extern     | Saal 3 |
| 14:00-15:00 | Twerk                | Mascha     | Saal 1 |
| 15:00-16:00 | Dancefit / JAMFYA®   | Kai        | Saal 2 |
| 15:00-16:30 | Paartanz 1/2         | Eugen      | Saal 1 |
| 16:00-17:00 | Hip Hop              | Firo       | Saal 2 |
| 16:30-17:30 | Paartanz Club        | Eugen      | Saal 1 |
| 16:00-17:00 | K-POP Girlgroup      | Alena      | Saal 4 |
| 17:00-18:00 | K-POP Boygroup       | Wania      | Saal 4 |
| 18:15-19:30 | Vermietung           | Extern     | Saal 4 |

| News Box                                                                                                                                                                          |  |  |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| www.moveandstyle.de                                                                                                                                                               |  |  |  |
| Paartanz Level 1/2 Termine auf der Homepage!                                                                                                                                      |  |  |  |
| Freies Training für Move & Style Mitglieder<br>ist nach Absprache möglich.<br>5 € pro Stunde                                                                                      |  |  |  |
| K-POP ab 13 Jaren                                                                                                                                                                 |  |  |  |
| Anmeldung zum freien Training:                                                                                                                                                    |  |  |  |
| 0176 23618272                                                                                                                                                                     |  |  |  |
|  @moveandstyle                                                                                 |  |  |  |
|  <a href="http://www.facebook.com/moveandstyle.de">http://www.facebook.com/moveandstyle.de</a> |  |  |  |

|                    |
|--------------------|
| Offen für alle     |
| Erwachsene         |
| Kids               |
| Teens              |
| Paartanz           |
| Masterclass        |
| Externe Vermietung |