

# Kursplan ab dem 01.01.25

Move & Style Dance Academy, Vahrenwalder Straße 195 a, 30165 Hannover

| Montag      |                   |               |        |
|-------------|-------------------|---------------|--------|
| Uhrzeit     | Kurs              | Trainer/in    | Saal   |
| 17:00-18:00 | Jazz Funk         | Alina         | Saal 2 |
| 17:00-18:00 | House             | Henry         | Saal 1 |
| 18:00-19:00 | K-POP Open Level  | Lea & Antonia | Saal 1 |
| 18:00-19:00 | Contemporary      | Anto          | Saal 2 |
| 18:00-19:00 | Yoga              | Simone        | Saal 4 |
| 19:00-20:00 | TwerXout®         | Kai           | Saal 2 |
| 19:00-20:00 | Hip Hop           | Mark          | Saal 1 |
| 19:30-20:30 | Salsa Anfänger    | Katy          | Saal 3 |
| 20:00-21:00 | Dancehall         | Vika & Yoh    | Saal 2 |
| 21:00-22:00 | Dancehall Level 2 | Vika & Yoh    | Saal 2 |

| Dienstag    |                        |            |        |
|-------------|------------------------|------------|--------|
| Uhrzeit     | Kurs                   | Trainer/in | Saal   |
| 15:45-18:00 | Vermietung             | Extern     | Saal 1 |
| 17:00-18:00 | Vermietung             | Extern     | Saal 2 |
| 17:30-19:00 | Breakdance ab 16       | Elvis      | Saal 3 |
| 17:00-18:00 | Feminine Syle Level 1  | Alena      | Saal 4 |
| 18:00-19:00 | Latin Styles           | J.F.       | Saal 1 |
| 18:00-19:00 | Feminine Style Level 2 | Alena      | Saal 4 |
| 18:00-19:00 | TwerXout®              | Mascha     | Saal 2 |
| 19:00-20:00 | Heels                  | Michelle   | Saal 1 |
| 19:00-20:00 | Hip Hop                | Cindy      | Saal 2 |
| 19:00-20:00 | Vermietung             | Extern     | Saal 3 |
| 20:00-21:00 | Heels Level 2          | Michelle   | Saal 1 |
| 20:00-21:00 | Vermietung             | Extern     | Saal 2 |

| Mittwoch    |                          |               |        |
|-------------|--------------------------|---------------|--------|
| Uhrzeit     | Kurs                     | Trainer/in    | Saal   |
| 17:30-18:30 | New Style Choreo 9-16 J. | Henry         | Saal 1 |
| 17:30-19:00 | Breakdance Kids 5-15 J.  | Elvis         | Saal 2 |
| 18:30-19:30 | Contemporary             | Sinan         | Saal 1 |
| 18:30-19:30 | Steptanz                 | Andreas       | Saal 3 |
| 19:30-20:30 | Ballett                  | Giada & Laura | Saal 1 |
| 19:30-20:30 | New Style Choreo Level 1 | Henry         | Saal 2 |
| 20:30-21:30 | Modern                   | Giada & Laura | Saal 1 |
| 20:30-21:30 | New Style Choreo Level 2 | Henry         | Saal 2 |

| Donnerstag  |                        |               |        |
|-------------|------------------------|---------------|--------|
| Uhrzeit     | Kurs                   | Trainer/in    | Saal   |
| 16:15-17:00 | Kindertanz 3-5 J.      | Maria         | Saal 3 |
| 16:00-17:00 | Vermietung             | Extern        | Saal 2 |
| 17:00-19:00 | Vermietung             | Extern        | Saal 3 |
| 17:00-18:00 | Hip Hop                | Phillip       | Saal 2 |
| 17:00-18:00 | Kids Hip Hop 6-9 J.    | Milena        | Saal 1 |
| 18:00-19:00 | Afro Fusion            | Phillip       | Saal 2 |
| 18:00-19:00 | Jugend Hip Hop 9-16 J. | Milena        | Saal 1 |
| 19:00-20:00 | Ballett                | Simone        | Saal 1 |
| 19:00-20:00 | Pilates                | Greta         | Saal 4 |
| 20:00-20:30 | Spitzentanz            | Simone        | Saal 3 |
| 20:00-21:00 | Striplastic            | Alina         | Saal 2 |
| 20:00-21:00 | Modern                 | Giada & Laura | Saal 1 |
| 20:00-22:00 | Vermietung             | Extern        | Saal 4 |



| Freitag     |                       |            |        |
|-------------|-----------------------|------------|--------|
| Uhrzeit     | Kurs                  | Trainer/in | Saal   |
| 16:00-17:00 | Latin Solo Kids       | Irina      | Saal 2 |
| 17:00-17:00 | Latin Solo Erwachsene | Irina      | Saal 2 |
| 16:00-17:00 | Ballett Anfänger      | Simone     | Saal 1 |
| 17:45-22:00 | Vermietung            | Extern     | Saal 2 |
| 18:00-21:00 | Vermietung            | Extern     | Saal 3 |
| 18:00-19:00 | Latin                 | Katy       | Saal 1 |
| 19:15-20:45 | Paartanz Level 2      | Katy       | Saal 1 |

| Sonntag     |                      |            |        |
|-------------|----------------------|------------|--------|
| Uhrzeit     | Kurs                 | Trainer/in | Saal   |
| 09:00-13:00 | Venemous Masterclass | Sinan      | Saal 1 |
| 12:00-15:00 | K-POP Masterclass    | Alena      | Saal 4 |
| 12:00-13:00 | Vermietung           | Extern     | Saal 2 |
| 13:00-14:00 | Modern               | Sinan      | Saal 1 |
| 13:00-14:00 | Commercial           | Nata       | Saal 2 |
| 13:00-14:00 | Vermietung           | Extern     | Saal 3 |
| 14:00-15:00 | Twerk                | Isabell    | Saal 1 |
| 15:00-16:00 | JAMFYA®              | Kai        | Saal 2 |
| 15:00-16:30 | Paartanz Anfänger    | Katy       | Saal 1 |
| 16:30-17:30 | Paartanz Basic Club  | Katy       | Saal 1 |
| 16:00-17:00 | K-POP Girlgroup      | Alena      | Saal 4 |
| 17:30-18:30 | Paartanz Club        | Katy       | Saal 1 |
| 17:00-18:00 | K-POP Boygroup       | Wania      | Saal 4 |
| 18:30-19:30 | Salsa Club           | Katy       | Saal 1 |

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**Freies Training für Move & Style Mitglieder  
ist nach Absprache möglich.  
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**K-POP ab 13 Jaren**  
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